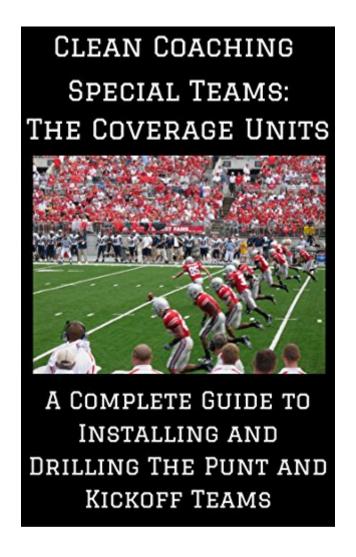


The book was found

Special Teams: The Coverage Units: A Complete Guide To Installing And Drilling The Punt And Kickoff Teams





Synopsis

Special Teams is the quickest way to win or lose a game. One of the top determiners of if a team will score is where they start their drive. When teams start from their own 20 they are half as likely to score as if they start at the 50 or closer. In this book you will learn detailed Punt and Kickoff schemes that will keep the opponent pinned in their own territory. Any scheme can be effective but itâ TMs the playerâ TMs understanding of their assignment and techniques that really determine the success of a coverage unit. Thatâ TMs why this book details all the specific techniques and drills that are needed to effectively cover kickoffs and punts. With over 25 drills and teaching progressions this book gives you everything you need to solidify your coverage units and guarantee that you can pin the opponent in their own territory.

Book Information

File Size: 2670 KB

Print Length: 82 pages

Publication Date: February 1, 2017

Sold by: A Digital Services LLC

Language: English

ASIN: B01N6XVENV

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #388,518 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #51 in Kindle Store > Kindle eBooks > Nonfiction > Sports > Coaching > Football (American) #174 in Books > Sports & Outdoors > Coaching > Football (American) #274 in Kindle Store > Kindle eBooks > Nonfiction > Sports > Football (American)

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